

DIY PROJECT: SNACK KITS

[United Way Suncoast](#) has been serving our community for 100 years by elevating early learning, energizing middle and high school students, and empowering community members and families. None of this would be possible without support from our strategic community and corporate partners.

United For ALICE's new 2024 report reveals that the challenges facing [ALICE](#) (Asset Limited, Income Constrained, Employed) families have not gone away. ALICE households earn above the Federal Poverty Level but cannot afford the basic cost of living. ALICE families often have to choose between groceries and other basic necessities which can compromise their performance at school. By assembling these snack kits for ALICE families in our Suncoast region, you are providing a resource to a healthy snack which can fuel their learning throughout the day.



The below items can be assembled at home to create snack kits.

| Supplies needed: | Essential items to include: | |
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| <ul style="list-style-type: none"> ✓ Food items for the kits ✓ Gallon size Ziploc bag to place the food within ✓ Boxes or totes to transport the completed kits | <ul style="list-style-type: none"> ✓ Applesauce pouch ✓ Granola bar ✓ Snack mix ✓ Veggie straws | <ul style="list-style-type: none"> ✓ Popped-corn chips ✓ Fruit strips ✓ Organic juice drink or small water bottle ✓ Small plates & moist towelettes |

Items to avoid: Items containing nuts and peanut butter (due to allergies); popcorn (choking hazard); fruit cups (can be messy/no utensils included); items that require a can opener to open.

If you're interested in creating these kits, contact our team at projects@uwsuncoast.org and let us know how many kits you plan on creating.

Once kits are assembled, submit your hours through [this form](#) to receive credit for your volunteer time, then contact our team to schedule a time to drop off the kits at one of our locations in the Suncoast region. Drop off locations are in Bradenton or Tampa and are by appointment only (typically Monday-Thursday between 9 a.m.-4 p.m., although hours may vary slightly.)

Thank you for supporting our community!