

SMART Goal Template

Name _____

Use the SMART goal template below to set your service goal.

SPECIFIC

My Specific Goal:

MEASUREABLE

How will my goal be measured?

How will I know when my goal is accomplished?

ATTAINABLE/ACTION ORIENTED

Is my goal challenge but still possible to achieve?

Actions required to achieve my goal:

REALISTIC/RELEVANT

Is my goal realistic within the resources at hand?

Am I willing to commit to my goal?

Why do I want to reach this goal?

Is my goal relevant to my life purpose and my big picture?

Will achieving this goal help me lead the life that I want to have?

TIME BOUND

Is my goal trackable?

When will my goal be reached?